



Learning Support Services Workshop Topics: Fall 2009

Location: 328 Graduate College of Social Work

Length of all: 50 minutes. Please be on time.

No admittance after 5 minutes past the hour.

➤ **Register on-line by going to “workshops-signup” at www.las.uh.edu/lss/.**

➤ ***On-line registration is necessary to obtain a spot.***

Problems registering? Call Laura Heidel at 713-743-5439

WEEK	TOPIC	Time #1	Time #2
1	Study strategies for a great semester	Tues, 8/25 @ 3	Thurs., 8/27 @ 11
2	Time management	Mon., 8/31 @ 4	Fri., 9/4 @ 10
3	Textbook and college level reading tips	Wed., 9/9 @ 3	Thurs., 9/10 @ 4
4	Note taking tips	Mon., 9/14 @ 11	Wed., 9/16 @ 3
5	Reduce test anxiety	Mon., 9/21 @ 5	Thurs., 9/24 @ 11
6	Exam preparation and taking tips	Mon, 9/28 @ 11	Wed., 9/30 @ 4
6	Succeed as a transfer student	Tues., 9/29 @ 11	Thurs, 10/1 @ 2
7	Improve your critical thinking	Mon., 10/5 @ 5	Fri., 10/9 @ 10
8	Boost your memory power	Wed., 10/14 @ 3	Fri., 10/16 @ 2
8	Study a foreign language	Tues., 10/13 @ 4	Thurs., 10/15 @ 10
9	Help, I can't concentrate!	Tues., 10/20 @ 5	Thurs., 10/22 @ 1
10	Expand your vocabulary	Mon., 10/26 @ 1	Fri., 10/30 @ 3
11	Write better research papers	Mon., 11/2 @ 2	Thurs., 11/5 @ 2
11	Organize yourself!	Tues., 11/3 @ 3	Wed, 11/4 @ 3
12	Procrastination: causes and solutions	Tues, 11/10 @ 4	Fri., 11/13 @ 11
13	Use meditation to reduce academic anxiety	Tues, 11/17 @4	Thurs, 11/19 @4
14	Understand learning style using a personality inventory	Mon., 11/23 @ 2	Tues., 11/24 @ 10
15	Prepare for and cope with finals	Mon., 11/30 @ 4	Tues., 12/1 @ 10
15	Prepare for natural science exams	Wed., 12/2 @ 4	Thurs, 12/3 @ 1