

LEARNING STYLES INVENTORY

Circle the number that best describes you after each statement.

		<u>Often</u>	<u>Sometimes</u>	<u>Seldom</u>
1.	I learn more from written directions than from spoken ones.	5	3	0
2.	I can remember most of the lecture without taking many notes.	5	3	0
3.	When I am studying, I often review my notes aloud.	5	3	0
4.	I find it difficult to sit in a desk for very long.	5	3	0
5.	I prefer to learn by handling real objects.	5	3	0
6.	When I study for a test, I write things down.	5	3	0
7.	I often use graphs, drawings, and charts as study aids.	5	3	0
8.	If I am unsure of the spelling of a word, I try to hear the letters in my head or say them aloud.	5	3	0
9.	When I learn something, I talk to myself or explain things to myself in my head.	5	3	0
10.	If I am unsure of a word's spelling, I write the word down and look at it.	5	3	0
11.	I can learn easily through lab work and experiments.	5	3	0
12.	If I can touch and use materials, I learn faster.	5	3	0
13.	I chew gum or eat while I study.	5	3	0
14.	I can picture words and information in my head.	5	3	0
15.	I need to take a lot of notes in class.	5	3	0
16.	I rehearse the steps to math problems aloud.	5	3	0
17.	When I sign up for the course, I hope it will be a lecture course and I can learn mostly by listening.	5	3	0
18.	I would rather answer questions aloud than answer them in writing.	5	3	0
19.	Taking field trips is a way of learning I prefer.	5	3	0
20.	I often change positions, tap my fingers, or make other movements during lecture.	5	3	0
21.	I learn best by doing what I am trying to learn.	5	3	0
22.	I review notes by rewriting them or outlining.	5	3	0
23.	When I take a class, I hope most of the requirements will be based on reading.	5	3	0
24.	I like to gather information through interviews or conversations.	5	3	0

SCORING

Put the point value next to the number for the questions. Add the columns for the totals.

VISUAL

- 1. _____
- 6. _____
- 7. _____
- 10. _____
- 14. _____
- 15. _____
- 22. _____
- 23. _____

TOTAL _____

Source Unknown

AUDITORY

- 2. _____
- 3. _____
- 8. _____
- 9. _____
- 16. _____
- 17. _____
- 18. _____
- 24. _____

TOTAL _____

KINESTHETIC

- 4. _____
- 5. _____
- 11. _____
- 12. _____
- 13. _____
- 19. _____
- 20. _____
- 21. _____

TOTAL _____